

# Brain Waves

**A Monthly Newsletter** 

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#### We are a Ministry of:

St Paul Lutheran Church 730 County Trunk PPP Sheboygan Falls (920)627-6847 tgp@stpaulfalls.com



#### **TGP & MM Happenings**

A letter from our staff

We are pleased to announce that Leah Zehel is the new Director of The Gathering Place and Memory Matters. Leah comes to us from Azura Memory Care in Manitowoc, where she served as the Executive Director. Leah has her Administrator's license and has worked with the geriatric population for over 12 years in several different settings including long term care, therapy and most recently assisted living.

Leah lives in Sheboygan Falls with her husband Justin and their two children, Tanner (5) and Riley (3). They are members of Hingham Reformed Church and enjoy family time, such as camping, swimming and going up north. In the winter she loves traveling, downhill skiing and anything outdoors.

Leah will start in her new role on Monday, September 8, 2014. She asked me to share with everyone that she is "honored to be in this new position and she looks forward to meeting and working with everyone in this wonderful ministry program!"

Thank you, to all of you, for your continued prayers for our ministry during this transition. Please welcome Leah!



Stefanie Trakel
Director of Church Administration

### Happy Labor Day!

Our office will be closed on September 1st

## HAPPY BIRTHDAY!

 September Birthdays:
 John L.
 01

 John L.
 01

 Brad V.
 01

 Donna H.
 16

 Marion W.
 17

 Katherine K.
 20

 Sandy S.
 22

 Marion Beh.
 22

 Bonnie K.
 25

 Judi L.
 27

 Shirley S.
 28

 Joe B.
 29

 Peter G.
 29



#### **Artist & Creative Corner**

**China Art with Ginny** 

We've been very fortunate to have Ginny Hermann and her daughter, MaryJo, here this summer. They have been spending time with us each Thursday, teaching us all about their craft. Participants have really enjoyed working with them on their china art pieces.

Although her summer project with TGP is just about finished, for those that are interested, Ginny teaches classes on Wednesday's (8:30-11:30 am) and Thursday's (6:30-9:30pm) at her home throughout the year. Students are expected to purchase their own supplies, and classes cost \$8 each. For more information, or to schedule a class, please call Ginny Hermann at (920)467-4167.





Get'em while they are still here! Blue Bird Houses \$10, Owl Houses \$15, Wine Bottle Bird Feeders \$25, Suet Feeders \$7, and a 3 tier water fountain \$100 (example out in front of Church). We also have some long sleeve and short sleeve TGP polos for sale, \$10 each.

Please contact Carol or Lynn in the TGP office for more information.

### 2014 Autumn Auction

The Gathering Place & Memory Matters

SATURDAY NOVEMBER 15TH

The Bull at Pinehurst Farms

Visit us on the web at www.memorymattersmost.com or www.tgp4memory.com

#### **Labor Day Challenge**

10) Labor Day is traditionally celebrated with a [

11) People who are on strike carry [

Test your knowledge! •

Read each statement below, fill in the blanks with the best answer.

1) [		]	mad	de Lal	oor D	ay a	legal	holic	lay in	1894.
2) [	]	was	the	first	state	e to	recogi	nize	Labor	Day.
3) Working conditions were	hars	sh du	ring th	ne Indi	ustrial	Ι[				].
4) The first Labor Day Parad	e wa	is put	on by	the [						].
5) In many countries of the	worl	ld, lab	or for	med it	ts owi	n [				].
6) Labor unions used [					]	to	obtain	t	heir	goals.
7) One of these goals was tl	ne in	nprov	emen	t of [					]forw	omen.
8) Labor Day is called Labou	ır Da	y in [								].
9) Both workers and the wo	rk th	ney do	o can l	be call	ed [					].

12) The first Labor Day Parade was in [ ] .

Parade Oregon GroverCleveland Party Conditions NewYorkCity

KNIGHTSOFLABOR CANADA STRIKES REVOLUTION LABOR PICKET

1. Grover CLeveland, 2. Oregon, 3. Revolution, 4. Knights of Labor, 5. Party, 6. Strikes, 7. Conditions, 8. Canada, 9. Labor, 10. Parade, 11. Picket, 12. NewYorkCity



#### Volunteer Corner by Carol Bimmel

This past month we said goodbye to a very special volunteer couple at the Gathering Place; Dave and Tracy Dittmer. They are moving to MN to be closer to family and we are happy for them, but will miss them deeply.

When I started volunteering in 2009, there was that "core group" of original volunteers that started TGP back in 2008 and mentored

me. The Dittmer's were among that group, the kind of people that have helped me along the way and just made my job easier. Always there to make someone's day a little brighter and a lot more fun! I even tried to convince them that if they leave at 4 am they could be here by 8:45 for morning report, or sleep in and make it here by lunch. It's this strong dedication of so many volunteers that makes this program so great.

So as we have to say good-bye to Dave and Tracy for now (after 6 years and approximately 3600 hours of volunteering between the two), we wish you both success in the next chapter of your lives and hope that someday you may just show up for morning report.

Thank you!

**NOW YOU CAN CONNECT WITH US ON FACEBOOK!** 

# Like

WE ARE LISTED AS: THE GATHERING PLACE & MEMORY MATTERS

#### **Memory Matters**

What makes Memory Matters different from The Gathering Place? Memory Matters is a four-hour education based class to assist people recently diagnosed with memory issues or those concerned about their memory. We have a one-hour lecture, review weekly homework assignments designed to challenge different parts of the brain, discuss memory techniques to help live with the new changes in life, and have exercise class each time we meet. Through this varied brain stimulation, research is finding that memory loss can be slowed. Lunch is included in our weekly class. We currently have openings—to inquire about this, please contact us at 920-627-6847.

#### **MM Lecture Topics**

September 04 Pastor Mark Janzen Presentatio	วท
September 11Travel the World on your iPa	
September 18Nutrition and Memor	
September 25Ballroom Dance	

#### TGP Special Events/Activities

September 04Packer Tailgate Party
September 09 Drumming Circle with Tommy Tousey
September 15Reading & toys w/ St Paul Preschool/Childcare
September 22 Outing to Washington House Museum
September 23Outing to Plymouth Art Center
September 23 Massage by Tammy Schramm
September 25 Visit from St Paul Preschool/Childcare kids



### Wellness for your mind and body

Once again this year, a group of staff, volunteers, friends, and family will be walking in the 2014 Walk to End Alzheimer's - Sheboygan County walk. It would be great to have more company this year! Please consider walking with us, or sponsoring our team online. We will be accepting donations made out to the "Alzheimer's Assoc." until the week of the walk. When: Saturday, September 27th

Where: Sports Core, 100 Willow Creek Dr, Kohler WI Register to walk: www.alz.org (team: The Gathering Place) Donate: www.alz.org (team: The Gathering Place)





#### **Quote of the Month**

"It is labour indeed that puts the difference on everything." ~John Locke, 1690

] signs.