

Brain Waves

APRIL 2025



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CoNTACT us ...

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Follow Us!

Quote of The Month ...

"The bad news is time flies. The good news is you're the pilot."

~ Michael Altshuler

Leah's Notes ...



Leah Zehel, *Director*

Soup Sunday Soup Cook-Off

The Gathering Place would like to thank everyone who participated in our 10th annual Soup Cook-Off!!! It was a big success!!! And we were just blown away by the amount of people who came out for it. We want to thank everyone who competed, volunteered, baked attended and voted!! It takes a lot of individuals to make this event happen and we are so blessed to have so many giving hearts that want to support

our program. It was a very tight competition, every single soup had lots of votes this year! In the end Antoinette's came out as winners for a second year in a row, back-to-back winners, with their Chicken Enchilada, it really is such a good soup. Pastor Kyle and Pastor Tom had quite a battle with Pastor Kyle ending up with second place with his Zuppa Toscana and his wife made homemade sourdough bread to go with it, this jumped him into second place. In third place was Chris and Sue's Beef Barley. Chris and Sue continuously bring outstanding soups to our cook-off, and they have participated all 10 years and always ended up getting 3rd, 2nd, or 1st! Right behind him was Sweet Basil and their Andouille sausage and corn chowder.

Tied for fourth place with Sweet Basil with newcomer Becki Post and her stuffed green pepper, one of my favorites. The soup cook-off is such a fun event. It's so great to see everyone and hear everyone chat about their favorite soup, as we had such a great variety this year. This year we also welcomed a couple of new chefs, individuals and restaurants. Pastor Tom and his wife Judy, and the dynamic Bonnie duo, Bonnie Jones and Bonnie Holzheimer. We also welcomed Olive Garden and Nourish Farms to the lineup. It takes so many volunteers to make this event happen, from the cooks to the bakers, setting up, prepping, serving and cleaning up; the list goes on and on. We are so thankful

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SAVE THE DATE

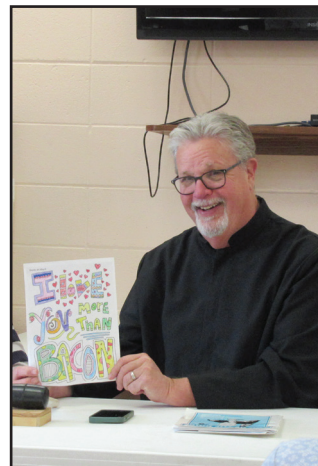
BINGO!

& Fellowship

May 8

4:30 to 6:30 pm

Lite appetizers will be served.





Memory Minute

By Leah Zehel

Safety for Seniors

As people grow older their chance of being victims of crime decreases dramatically. But a lifetime of experience coupled with the physical problems associated with aging often make older Americans fearful. Though you may be on the lookout constantly for physical attack and burglary, you may not be as alert to frauds and con games-in reality the greatest crime threat to seniors well being and trust.

Want to conquer fear and prevent crime? Take these commonsense precautions.

- Be alert when out and about.
- Go with friends or family not alone.
- Carry your purse close to your body, not dangling by the straps. Put a wallet in an inside coat or front pants pockets.
- Don't carry credit cards you don't need or large amounts of cash.
- Use direct deposit for Social Security and other regular checks.
- Whether you are a passenger or driver, keep doors locked.
- Be particularly alert in parking lots and garages. Park near an entrance.
- Sit close to the driver or near the exit while riding the bus, train, or subway.
- If someone or something makes you uneasy, trust your instincts and leave.
- Find out more about protecting your home.
- Make your home safe and secure.
- Install good locks on doors and windows. Use them! Do not hide keys in mailboxes and planters or under doormats.
- Instead, leave an extra set of keys with a neighbor or friend.
- Ask for a photo identification from service or delivery people before letting them in. If you are the least bit worried, call the company to verify.

- Be sure your street address number is large, clear of obstruction, and well-lighted so police and other emergency personal can find your home quickly.
- Consider a home alarm system that provides monitoring for burglary, fire, and medical emergencies.
- Find out more about frauds and cons.
- Watch out for Con Artists.
- Don't let anyone rush you into signing anything-an insurance policy, a sales agreement, a contract. Read it carefully and have someone you trust check it over.
- Beware of individuals claiming to represent companies, consumer organizations, or government agencies that offer to recover lost money from fraudulent telemarketers for a fee.
- If your suspicious, check it out with the police, the Better Business Bureau, or local consumer protection office.
- Find out more about neighborhood action.
- Get involved in the community.
- Report any crime or suspicious activities to law enforcement.
- Form a neighborhood watch to look out for each other and help the police.
- Work to change conditions that hurt your neighborhood. ■

Memory Matters Calendar

April 3	History with Linda
April 10	Art Visit with Claire
April 17	Home Safety
April 24	Music with Dan Ognevic

Leah's Notes continued from pg.1

to have all these individuals that are willing to support The Gathering Place. Funds raised from this event will go towards programming for The Gathering Place and Memory Matters for outings, entertainment, artists, and so much more that will continue to assist in improving the quality of life for our participants! We will look forward to seeing everyone next year!

THANK YOU!

- Pastor Kyle- Zuppa Toscana
- River Park- Creamy Chicken and Rice
- Amy Kolste- Chicken Vegetable
- Becki Post- Stuffed Green Pepper
- Ed Henning- Chili
- TGP Mary/ Thurs. group- Corn Chowder
- Chris and Sue's- Beef Dumplings
- Antoinette's- Chicken Enchilada
- Olive Garden- Chicken Gnochli
- Texas Roadhouse- Texas Chili
- Bonnie and Bonnie- Stuffed Pepper
- Mary Kempf- Black Bean
- Karen Wilterdink- Cabbage
- Linda Lornenz – Creamy Potato
- Cathy Hugh's- Beef Brisket Chili
- Pastor Tom- Spicy Chicken or Bean
- Nourish Farms- Hungarian Mushroom Chili
- Kim's 5 Corners- Beef Barley
- Sweet Basil- Adoula Sausage Chowder



TGP Special Events & Activities

Families always welcome to our Entertainment Events!

- | | |
|-----------------|---|
| April 7 | <i>Redeemer Quartet</i> |
| April 8 | <i>Hawaiian Luau with Dave Ross</i> |
| April 9 | <i>Music with Rob Peterson</i> |
| April 16 | <i>SPARKS
Music with Paul Hermann</i> |
| April 21 | <i>Guitars with Steve Dulmes</i> |
| April 23 | <i>Music Lone Oak</i> |
| April 24 | <i>Music with Duo-Over</i> |
| April 28 | <i>Music with Rob Peterson</i> |
| April 30 | <i>History with Linda
Music with George Possley</i> |

