

Monday
1.2.2023

| Time | Activity |
|-----------|------------------------------|
| 9:30 | Arrival/Coffee/Devotion |
| 10:00 | Bowl Me Over Day |
| | Stain Glass Snowflakes |
| | Games, Bowling |
| | Music with Martha |
| 12:00 | Prayer, Lunch |
| 1:00 | Sing with Steve Hamer |
| 1:30 | Exercise |
| 2-3:00 | Music Bingo |
| 3:00-3:15 | Snack and Departure |

| Menu 1.2.2023 | |
|----------------|-------------|
| Meat | Pulled Pork |
| Bread | Chips |
| Veggie | |
| Dessert | Cake |

Monday
1.9.2023

| Time | Activity |
|-----------|-----------------------------------|
| 9:30 | Arrival/Coffee/Devotion |
| 10:00 | Soups On Day |
| | Cards |
| | Games, Coloring |
| | Cooking Group |
| 12:00 | Prayer, Lunch |
| 1:00 | Sing with Steve Hamer |
| 1:30 | Exercise |
| 2-3:00 | You Be the Judge with Brad |
| 3:00-3:15 | Snack and Departure |

| Menu 1.9.2023 | |
|----------------|---------------------|
| Meat | Chicken Noodle Soup |
| Bread | Dinner Rolls |
| Veggie | |
| Dessert | Bars |

Tuesday
1.3.2023

| Time | Activity |
|-------------|----------------------------|
| 9:30 | Arrival/Coffee/Devotion |
| 9:45 | jokes&trivia |
| 10:15 | baking project |
| | cards decorating |
| 11:15 | Sing w/Kathy |
| 12:00 | Lunch |
| 1:00-1:30 | Story group, dominos&cards |
| 1:30 | Exercise w/Ruth |
| 2:00-3:00 | Dan Ognavic |
| 3:00 | departure |

| Menu 1.3.2023 | |
|----------------|--------------|
| Meat | Hot Dogs |
| Bread | Potato Salad |
| Veggie | |
| Dessert | Cake |

Tuesday
1.10.2023

| Time | Activity |
|--------------|------------------------------|
| 9:30 | Arrival/Coffee/Devotion |
| 9:45 | jokes & Trivia |
| 10:15 | resist art snowflakes |
| 11:00-12:00 | sing w/Karen&Thomas |
| 12:00 | Lunch |
| 1:00-2:00 | story group, cards, dominios |
| 1:30 | exercise |
| 2:00 | talk about cereal |
| Picnic | snack |

| Menu 1.10.2023 | |
|----------------|-----------------|
| Meat | Turkey Ala King |
| Bread | |
| Veggie | Fruit |
| Dessert | Cookies |

Wednesday
1.4.2023

| Time | Activity |
|-------------|--------------------------------|
| 9:30 | Devotion |
| 9:45 | trivia |
| 10:15 | snowflake craft |
| 11:00 | Science experiments |
| 11:30 | sing along with Luanne |
| 12:00 | lunch |
| 1:00 | Games, puzzles, Cribbage |
| 1:30 | relaxation with Jennifer |
| 2:00-3:00 | music w/ jim Ohlschmidt |
| 3:00 - 3:15 | departure |

| Menu 1.4.2023 | |
|----------------|--------------|
| Meat | Meatball Sub |
| Bread | |
| Veggie | Veggie Mix |
| Dessert | Cookies |

Wednesday
1.11.2023

| Time | Activity |
|-------------|---------------------------------|
| 9:30 | Arrival/Coffee/Devotion |
| 9:45 | trivia |
| 10:00 | roll a snowman dice game |
| 11:00 | story writing |
| 11:30 | You be the Judge |
| 12:00 | Prayer/Lunch/Rest |
| 1:00 | story |
| 1:30 | Hockey |
| 2:00 | Rick Raybine |
| 3:00-3:15 | Snack & Homeward Bound |

| Menu 1.11.2023 | |
|----------------|-------------|
| Meat | Fish |
| Bread | Hash Browns |
| Veggie | Slaw |
| Dessert | Cake |

Thursday
1.5.2023

| Time | Activity |
|--------------|----------------------------|
| 9:30 | Arrival/Coffee/Social Time |
| 9:45 | Devotion |
| 10:00 | Science with Vicky |
| | National Bird Day |
| | Games, Activities |
| 11:25 | Exercise |
| 12:00 | Prayer, Lunch |
| 1:00 | Table Games |
| 1:30 | Noodle Hockey |
| 2:00 | Herd Mentality |
| 3:00 - 3:15 | Snack and Departure |

| Menu 1.5.2023 | |
|----------------|---------|
| Meat | Burgers |
| Bread | Chips |
| Veggie | |
| Dessert | Bars |

Thursday
1.12.2023

| Time | Activity |
|--------------|----------------------------|
| 9:30 | Arrival/Coffee/Social Time |
| 9:45 | Devotion |
| 10:00 | Nat'l Hot Tea Day |
| | Tea bag art |
| | Games, Activities |
| 11:25 | Exercise |
| 12:00 | Prayer, Lunch |
| 1:00 | Table Games |
| 1:45 | Benny and the Vet |
| 2:45 | Snack and Chat |
| 3:00-3:15 | Departure |

| Menu 1.12.2023 | |
|----------------|----------------------|
| Meat | French Onion Chicken |
| Bread | Rstd. Potatoes |
| Veggie | Salad |
| Dessert | Cake |

| Monday | |
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| 1.16.2023 | |
| Time | Activity |
| 9:30 | Arrival/Coffee/Devotion |
| 10:00 | Marshmallow Monday |
| | History, Treats, Basketball Games, Activities, Art |
| 12:00 | Prayer, Lunch |
| 1:00 | Sing with Steve Hamer |
| | Judith and Ollie |
| 1:30 | Exercise |
| 2:00-3:00 | Bunco |
| 3:00-3:15 | Snack and Departure |
| Menu 1.16.2023 | |
| Meat | Meatloaf |
| Bread | Mashed Potatoes |
| Veggie | Corn |
| Dessert | Bread Pudding |



| Tuesday | |
|----------------|----------------------------|
| 1.17.2023 | |
| Time | Activity |
| 9:30 | Arrival/Coffee/Devotion |
| | jokes & Trivia |
| 10:00 | |
| | beaded snowflake |
| 11:15 | History with Linda |
| 12:00 | Lunch |
| 1:00 | story group, Cards & Games |
| 1:30 | exercise w/Ruth |
| 2:00 | Rob Peterson |
| 3:00 | Snack & Homeward Bound |
| Menu 1.17.2023 | |
| Meat | Rice Balls |
| Bread | Garlic Toast |
| Veggie | Salad |
| Dessert | Ice Cream |



| Wednesday | |
|----------------|-------------------------|
| 1.18.2023 | |
| Time | Activity |
| 9:30 | Arrival/Coffee/Devotion |
| 10:15 | Leave for JMKAC |
| | SPARKS |
| 12:00-1:00 | Prayer/Lunch/Rest/Games |
| 1:00 | Dominos, kings corner |
| 1:30 | Exercise with Jennifer |
| 2:00 | Bob Welsch |
| 3:00 - 3:15 | Snack & Homeward Bound |
| Menu 1.18.2023 | |
| Meat | Pizza |
| Bread | |
| Veggie | Salad |
| Dessert | Ice Cream |



| Thursday | |
|----------------|---------------------------------------|
| 1.19.2023 | |
| Time | Activity |
| 9:30 | Arrival/Coffee/Social Time |
| 9:45 | Devotion |
| 10:00 | Hibernation Day |
| | Aurora Borealis Art Games, Activities |
| 11:25 | Exercise |
| 12:00 | Prayer, Lunch |
| 1:00 | Table Games |
| 1:30 | Volleyball |
| 2:00 | Jeopardy |
| 3:00 - 3:15 | Snack and Departure |
| Menu 1.19.2023 | |
| Meat | Taco Soup |
| Bread | Corn Bread |
| Veggie | |
| Dessert | Ice Cream |

| Monday | |
|----------------|-----------------------------------|
| 1.23.2023 | |
| Time | Activity |
| 9:30 | Arrival/Coffee/Devotion |
| 10:00 | Rock and Roll Hall of Fame |
| | Snowman Craft Games, Activities |
| 12:00 | Prayer, Lunch |
| 1:00 | Sing with Steve Hamer |
| 1:30 | Exercise |
| 2:00-3:00 | Family Feud |
| 3:00-3:15 | Snack and Departure |
| Menu 1.23.2023 | |
| Meat | Meatballs n Gravy |
| Bread | Rice |
| Veggie | Mixed Veggies |
| Dessert | Brownies |



| Tuesday | |
|----------------|-------------------------|
| 1.24.2023 | |
| Time | Activity |
| 9:30 | arrival/Coffee/Devotion |
| 9:45 | jokes & trivia |
| 10:15 | snowmen art |
| 11:00 | Fact or Crap |
| 12:00 | Lunch |
| 1:00 | story group & cards |
| 1:30 | Exercise w/Ruth |
| 2:00 | Tom Luke Performance |
| 3:00 | Snack & Homeward Bound |
| Menu 1.24.2023 | |
| Meat | Beef Stew |
| Bread | Dinner Rolls |
| Veggie | |
| Dessert | Bars |

| Wednesday | |
|----------------|---------------------------|
| 1.25.2023 | |
| Time | Activity |
| 9:30 | Arrival/Coffee/Devotion |
| 9:45 | trivia |
| 10:00 | Baking |
| 11:00 | Curling |
| 11:30 | winter bingo |
| 12:00-1:00 | Prayer/Lunch/Rest/singing |
| 1:00 | cards and dominos |
| 1:30 | Soccer |
| 2:00 | History with Linda |
| 3:00 | Snack & Homeward Bound |
| Menu 1.25.2023 | |
| Meat | Soup & |
| Bread | Salad |
| Veggie | |
| Dessert | Cookies |

| Thursday | |
|----------------|---|
| 1.26.2023 | |
| Time | Activity |
| 9:30 | Arrival/Coffee/Social Time |
| 9:45 | Devotion |
| 10:00 | Australia Day |
| | Aborininal Art & Activities Games, Activities |
| 11:25 | Exercise |
| 12:00 | Prayer, Lunch |
| 1:00 | Table Games |
| 1:30 | Bowling |
| 2:00-3:00 | Dan Ognavic |
| 3:00 - 3:15 | Snack and Departure |
| Menu 1.26.2023 | |
| Meat | Shepherd's Pie |
| Bread | |
| Veggie | Fruit |
| Dessert | Cookies |



| Monday 1.30.2023 | | Tuesday 1.31.2023 | |
|---------------------|--------------------------------|----------------------|---------------------------|
| Time | Activity | Time | Activity |
| 9:30 | Arrival/Coffee/Devotion | 9:30 | arrival/Coffee/Devotion |
| 10:00 | Cowboy Poetry Week | 9:45 | jokes & trivia |
| | Radial Winter Landscape | 10:15 | crafts |
| | Games, Activities | | |
| | Music with Martha | 11:00 | Price is Right |
| 12:00 | Prayer, Lunch | 12:00 | Lunch |
| 1:00 | Sing with Steve Hamer | 1:00 | story group & cards |
| 1:30 | Exercise | 1:30 | Balloon Toss |
| 2:00-3:00 | Music with Rob Peterson | 2:00 | Bell Choir |
| 3:00-3:15 | Snack and Departure | | |
| | | 3:00 | Snack & Homeward Bound |
| Menu 1.30.2023 | | Menu 1.31.2023 | |
| Meat | Chicken Pot Pie | Meat | Burgers |
| Bread | | Bread | Chips |
| Veggie | Apple Sauce | Veggie | |
| Dessert | Cookies | Dessert | Bars |